### Community Events Bulletin: December 2019

This Community Events Bulletin is produced by the Communications Committee of the APPOA. We ask that the postings are sent only to the Email address: aphoaassn@embarqmail.com as Email text or an attachment in Word document form. We will not reproduce flyers, pictures, etc. Please include the facts in summary and a contact name and number for further information. This Bulletin is published on the APPOA website at the beginning of each month.

For future inclusion in the next month’s edition, please Email your announcement no less than three days before the end of the previous month. Remember there is an Events Calendar on the APPOA Website and we strongly recommend you post your event on this calendar as an additional way for residents to get the information and plan accordingly.

The Bulletin contains announcements about area events/activities (in date order by organization) occurring mainly within a three-month time period. These events were submitted by residents, using the guidelines above. It will also be accessible on the APPOA website under ‘Announcements’.

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**The Albemarle Chorale Christmas Concerts**

The Albemarle Chorale’s Christmas Concerts, “A Glorious Christmas,” will give you two chances to hear this year’s wonderful Christmas repertoire. The first concert will be held on **Sunday, December 1, at 4:00 p.m.** at the Edenton United Methodist Church, 225 Virginia Road, Edenton. The second concert will be a week later on **Sunday, December 8, at 4:00 p.m.** at the First United Methodist Church, 201 South Road Street in Elizabeth City.

The Chorale is directed by Lynwood Winslow and accompanied by Michael Morgan on both the organ and piano. **Admission is free**, and **donations** are appreciated. You don’t want to miss it!!

Contact: Pat Winter at pat.a.winter@gmail.com

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**“Santa for Seniors”**

A gift drive hosted by the Albemarle Commission on Aging to make the holidays a little brighter for those older adults who may not have family or friends to celebrate with. How can we help? We can “adopt” a home-bound senior, and personalized gifts will be delivered by Santa or we can donate one or more of the following items (unopened and unused): lotion, toilet paper, paper towels, tissues, hand soap, candy and lap blankets. These items will be used to make holiday gift bags for each of the home-delivered-meal clients and can be brought to our local Senior Center or to the Albemarle Commission, 512 S. Church St., by **December 2nd**. For further information on either of these two options please contact Ashley Lamb at the Albemarle Commission, (252) 404-7088.

Contact: Carol Jennings, 426-1101

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**Grand Illumination**

Come kick off the holiday season with neighbors and friends! The Grand Illumination will have holiday entertainment and the tree and town lighting ceremony on **December 6th at 6pm, Church Street** in downtown Hertford. [http://historichertfordnc.org](http://historichertfordnc.org)

Contact: Lynn Raymond at 63lynner@gmail.com or [http://historichertfordnc.org](http://historichertfordnc.org)

A delicious Chili Supper complementing the Grand Illumination event will be offered at Hertford United Methodist Church at **200 Dobbs Street December 6 from 5 - 8 pm.** Meal will include a variety of choices of warm bowls of chili, corn bread, large cookie and a drink. Tickets on sale at the church now or at the door on **$7 each**

Contact: Dian Goss at dgoss467@gmail.com

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**Open House at PAL**

Perquimans Arts League will host a Holiday Open House on **Saturday, December 7 from 10 a.m. to 4 p.m.** The event will take place at **109 N. Church St.** in the current gallery location and **also at 133 N. Church St.** in the Future Home of PAL. Please join us for some holiday refreshments and browsing in the Christmas Shoppe before, during or after the Hertford Christmas Parade. For more information -

Contact: Sheryl Corr at 252-426-7463 or sherylcorr@embarqmail.com
Carolina Moon Theater    110 W. Academy Street, Hertford
On Sunday, December 15th, at 3 p.m. the Carolina Moon Theater is pleased to again host the Albemarle Community Orchestra. You will certainly enjoy this performance of Christmas Music! Reservations MUST be made at Carolina Trophy at 426-4644 or emailing office@historichertfordinc.org Donations will be accepted.

Contact: Lynn Raymond at 63lynner@gmail.com

The Newbold-White House Colonial Christmas Open House
The Newbold-White House is hosting its annual Colonial Christmas Open House on Friday, December 20th from 5:30 to 8pm. The entire site will be decorated in the style of the period and there will be a roaring Yule-log fire, complete with incantations to ward off bad weather and ensure a pleasant evening. You will be treated to harp music inside the 1730 brick home of Abraham Sanders and you may even meet him. Everyone will have a chance to sing carols and ring bells in the Visitor Center, where there will also be food and hot cider to warm you. Occurring later in the month than in the past, we hope to heighten your Christmas Spirit and look forward to welcoming you! For more information call 426-7567.

Contact: Dee Ponte at mtponte@embarqmail.com

Breakfast with Santa
Historic Hertford will host Breakfast with Santa on December 21 from 8:30 am to 10:30 am at Historic Hertford, 110 W. Academy St, Hertford. Open to all children under the age of 10 years old accompanied by an adult. You must make a reservation at Carolina Trophy, 109 N. Church Street or email office@historichertfordinc.org no later than December 13th (email reservation requests must have the name and phone number of the adult and the sex and ages of each child to reserve your spot). Adults $5. Children free. No walk-ins will be permitted!

Contact: Lynn Raymond at 63lynner@gmail.com

Drawing and Painting Basics
Branch out and try something new. Start as a new student or continue to hone your artist skills, perhaps in other mediums. Instruction is individualized to meet your needs. This six-week course is offered by Annemarie Pomp*

Final dates: December 6, and make-up classes December 9 & 16.
Time: 10:30am – 12:30pm. Cost: $90.00
Location: The Albemarle Plantation’s Community Center’s Persimmon Room.

New students: emphasis will be on drawing skills, composition and color and will work in pencil, colored or watercolor pencils and oil pastels.

Continuing students: expansion of painting skills, through the introduction of different subject matter and new mediums. They may choose to work in the medium of their choice; oil pastels, acrylic, oil or watercolor paint.

*Annemarie Pomp is a multi-talented artist/instructor with over 30 years’ classroom experience who has developed the Drawing and Painting Basics course to help the aspiring artist learn how to develop basic skills. Paintings, jewelry, textiles and photography are among the vast variety of artistic works created by Annemarie. Her work can be seen locally at the Perquimans Arts League, Hertford, Chowan Arts Council, Edenton as well as on the Pocosin Arts Metals Guild blog and the Pocosin Arts website. Annemarie's teaching experiences in drawing/painting has shown that, with the proper instruction, anyone can learn to draw and paint. It's simply a matter of interpreting what you see.

Contact: Annemarie Pomp at acpomp@pompsite.com.

Bible Study
Fall Bible Study – Acts (of the apostles) using Kay Arthur Precept curriculum. Wednesday afternoons at 1pm in the Community Center. Workbooks are $20. Leaders: Janet Sandeen and Sue Eulrich. Please RSVP to Janet.

Contacts: Janet Sandeen at janet@sandeenfamily.net
Blood Drive
Our next Blood Drive is on January 9, 2020 from 11:00AM to 4:00PM at Albemarle Plantation Community Center. Our Goal is 25 Units.
Contact: Gail Brady at 252 312-6402

Volunteer Opportunities
As part of APWC’s outreach to the community, each year we update a list of Volunteer Opportunities in the area. There are MANY NEW residents here who may not be aware of the wealth of options available to help out some very worthy causes. To find our 3-page document, go to www.appoa.us. Click on Clubs, select Women’s Club and then, on the club’s home screen, click on Community Service (1). You will find the PDF at the bottom of the committee’s description page.
Contact: Mary Cassidy at mcassidy@centurylink.net

Open Door Food Lion Cash Card Program
Volunteers from the Open Door Food Pantry will be selling monthly Food Lion cash cards which you can use at any Food Lion grocery store. You choose the amount and the Food Lion Corporation will contribute an additional 5% to Open Door. Everybody wins! Convenience for you, business for Food Lion and hundreds of dollars for our Open Door Food Pantry.
Contact: Linda Burkhalter at 426-3491 for details.

Box Tops for Education
The Plantation is collecting Box Tops for Education. This is an ongoing item recommended by Sue Wielar and has been approved through Tara Taylor. These small labels can be found on hundreds of food items and they all have an expiration date. There is a box in the kitchen at the Community Center and every 2 – 4 weeks we will collect them and give them to the Grammar School. Each box top is worth at least 10 cents and some have special promotions. The school can use the money for any item to address needs at the school. Many of us have collected these in the past for our kids and grandchildren. Let us help provide additional funds for the local schools. Please turn them in often to avoid expiration. Thank You.
Contact: Sue Wielar at 426-1376

SOLOS
This is a group started a couple of years ago by Eda Van de Bogart. It is an opportunity for widows, widowers and singles to get together once a month for dinner at Dockside or the Clubhouse. You will receive an email monthly regarding the date, time and place of the next dinner.
Sign up by contacting Rosie Brower at 426-4982 or ncbrowers@hotmail.com.

Fitness Classes
Information on all Fitness Classes is available on the bulletin board at the Community Center. In addition you can choose to receive fitness email bulletins by going on the AP website, select My Profile, then Subscriptions and check Fitness News.

Personal Fitness Trainer
Janet Sandeen has certification through The American Aerobic Association International and International Sports Medicine Association. She can tailor a workout program designed specifically to help you meet your fitness goals and can meet with you once or on a routine basis. Benefits of Weight Lifting:
1. Improved ability to perform activities of daily living.
2. Improved bone density. One of the best ways you can control bone loss as you age is to add strength training into your workout plan.
4. Increased strength of connective tissue, muscles, and tendons. This leads to improved motor performance and decreased injury risk.
5. Improved quality of life.
Janet is also offering the following classes at the Albemarle Plantation Community Center:


**Wednesdays**: 9:30 Low Impact Aerobics (Garden Shed); 10:30 - Pilates (Cypress Room)


60 minute classes - $5 (10 class card is $40); 45 minute classes - $4 (10 class card is $32)

If you are interested in other classes at other times just let me know. High Impact or Low Impact and Pilates Combination classes are some ideas.

Contact: Janet Sandeen at 215-527-6050 or janet@sandeenfamily.net for more information.

**Essentrics**

Kim Mascolo, a registered nurse, is a certified Essentrics instructor. **$5/ one hour class.**

Stretch, Strengthen & Tone. Perfect for men & women, this full body workout restores movement in your joints, flexibility in your muscles, improves balance and relieves pain.

**Mondays 11:15 a.m. - 12:15 p.m. Wednesdays 9:30 a.m. - 10:30 a.m. Saturdays 9:15 a.m. - 10:15 a.m.**

Contact - Kim Mascolo RN - kimm10573@gmail.com

**The Bar Method**

We are offering the following Bar Classes at the Albemarle Plantation Community Center on **Mondays, Wednesdays and Fridays at 8:20 - 9:30 a.m.** These classes are a combination of The Bar Method DVS and The Bar Method Video streaming classes. There will be nominal fee of $5 for 15 classes per person to cover the cost of the video streaming subscription. For more information:

Contact: Sharon Jones at gejslt@aol.com or Kathy Mamczak at kmamczak@yahoo.com

**20/20/20**

Maureen McNiff is a certified Group Fitness instructor who works at the YMCA in Elizabeth City. She is ACE, IFTA, First Aid, CPR and O2 certified in addition to other certifications she holds for teaching at the YMCA. She is a certified Les Mills Body Pump instructor as well as being certified in MOSSA Group Power, Group Active, Group Fight and Group Blast.

The **20/20/20** class she offers here at the Plantation is **20 minutes of cardio, 20 minutes of strength and 20 minutes of balance and flexibility.** The cardio part uses a step with or without risers. There are mats for underneath the steps to ensure stability and protect the floor. You would also have the option of not using a step at all. The strength part uses hand weights and the balance and flexibility varies – sometimes just your body with no weights or step! There are weights and steps/risers at the Community Center. There are also mats but some people prefer to bring their own mats.

**Starting on December 5th** and continuing through January and February the class will be held on **Tuesday, Thursday and Saturday at 10:30am** in the Cypress Room. Please wear comfortable clothing for exercising and sneakers or tennis shoes. Bring water and perhaps a small towel. The class is FREE so come and try it, you have nothing to lose.

(From April through December the class runs only on Saturdays at 10:30 am for about an hour.)

Contact Maureen at mfmcniff@gmail.com or 252-426-1483 for more information

**Line Dancing**

On **Mondays** the **intermediate** class at **4:30 p.m.** and **beginners at 5:30 p.m.** No experience necessary! We will teach you the basic steps and guide you as you learn new dances. It’s great exercise for the brain as well as the body, and we have fun! If you’ve ever thought you’d like to learn line dancing, here’s your chance. For more information,

Contact Sheryl Corr at 426-7463 or sherylcorr@embarqmail.com. Hope to see you there!
Pickleball
Monday, Tuesday & Thursday. 9:30-11:30 a.m. at the Perquimans County Recreation Center. Paddles available and no experience necessary. Seasoned players will teach you the basics so come and join the fun of this active court game resembling racquetball or tennis. As we do need to cancel from time to time, please call the Recreation Center to verify play on a given day 252-426-5695. For more information
Contact: Sharon Jones 252-337-5249 or email gejslt@aol.com

Yoga Class
Every Tuesday morning Heidi Prewett from Inner Banks Yoga will be holding a multi-level Yoga class in the Community Center Cypress Room from 8:45 – 10:15 AM. If you have any questions, please feel free to call Heidi at 609-865-1921 or,
Contact: Nancy Escheman at yoesch1@gmail.com or call 609-221-5504

Back to Youth
Dr. Yiping Fang teaches this 800 year old exercise program on the 1st and 3rd Thursday of the month from 2:30 - 3:30 pm in the Cypress Room at the Community Center. It is designed to help aging bodies develop energy, balance and flexibility. No Fee.
Contact: Mimi Galgano at mimigalgano@msn.com or 426-3522

Regular Monthly Events

Albemarle Carving Club
The Albemarle Carving Club holds three carving sessions each week in the Carving Shack, next door to the Activity Center on Thursday: 8:00 -11:00 & 11:00 - 2:00 and Friday morning: 9:00 - 12:00. A good time to check out the club activities is any Thursday morning about 9:30 am. Beginners are welcome.
Contact: John Balis at 426-3040 or johnbalis@inteliport.com

Bingo
Every Thursday night at the Hertford American Legion Post 126, located at 111, W. Academy St. in Hertford, Tel. 252-426-1679 across the street from the old library building in downtown Hertford. Doors open at 5:00 P.M. Games start at 6:45 P.M. Progressive Jackpot to $200.00. The second Thursday of each month a guaranteed Jackpot of $500.00. Food and Beverages are available.
Contact: Jim Colyer at jcolyer45@gmail.com

Cardinal Points Fiber Arts
This group was formed by Eda Van de Bogart and primarily focused on traditional rug hooking, but now is open to all fiber arts. They meet the first and third Wednesday of the month from 1-3 pm in member’s homes.
Contact: Dodie Colyer at maryjocolyer11@gmail.com

Ladies Bocce Group
Are you looking to have some fun? Then why not come out and join the Ladies Bocce group. We play on Mondays from 1:30 to 3:00 PM November 1st to April 30th, and 10:00 AM to 12:00 Noon from May 1st to October 31st. If you’re not sure, stop by the courts across from Randolph Village and watch, or maybe join in.
Contacts: Donna Hobson - donhobson@embarqmail.com or 426-5928
Shelly Jackson at 540-907-0200 or 4jacksonclan@gmail.com
Men’s Bocce
Bocce, similar to lawn bowling, is one fun game. Just about anyone of us can play and enjoy. If you are interested in playing, or just seeing how we play, why not join us at the bocce courts. We play on Thursdays at 9:45 AM from May through October and 1:15 PM from November 1st to April.
Contact: Bill Cobb - lbcobb@centurylink.net 426-7296 or Cliff Wagner - jc.wagner@earthlink.net 426-1313

Bowling
We bowl on the 1st and 3rd Wednesdays of the month at the Albemarle Lanes, Elizabeth City starting at 2:30PM. This is not a formal league with set teams—just a group of bowlers getting together for fun. Come whenever you want. Single individuals and couples are welcome.
Contact: Linda O’Connell at 426-1460 to sign up.

Ladies Bridge
Ladies Monday Bridge is now available at the Community Center every Monday 12:45 pm to 4 pm. We are 15 years strong and open to all levels of players. Newcomers welcome. Come and join us.
Contact: Ginny Puritz at gingin1176@gmail.com
Also, we play at the Pool House every Monday from 1:00 to 4:00 p.m. Newcomers are welcome. For more information or if you have any questions,
Contact: Carol Jennings at 426-1101 or cypress368@gmail.com

Mah Jongg
We play every Wednesday at 1PM. To be included in our mailing list, or for more information on location, please send your email address to:
Contact: Joanna DuPree - jrfstop@gmail.com
Beginners: If you want to learn to play Mah Jongg, brush up on your game or just play, we meet every Thursday night at the Community Center Magnolia Room from 6:30 to 8:30 pm. We have game sets and extra cards for your convenience.
Contact: Phyllis Calvano - calvanop81@gmail.com or 252-426-1386

Prayer Warriors
Every Monday from 9:00 to 10:30 AM in the Community Center Persimmons Room. For more information
Contact: Sue Eulrich at 252-260-1610 or email at eulrichemail@gmail.com

Retail Wine Store
Select from over 70 fine wines & bubblies. Thursdays 9:30 AM to 2:30 PM at Dockside. Run by AP volunteers with all income going to our own POA. Over 20,000 wines available thru Special Order, lead time 3-10 days. Special inquiries welcomed, and Gift Certificates now available.
Please contact with any questions: Ron McCall 426-5152 or ronmccall5152@gmail.com

Trivia Night
Come and join us on the first Thursday of every month at the Clubhouse at 7pm. A trivia host will conduct five rounds each consisting of 12 questions. No more than four participants to a group, please.

We hope you have found this Community Events Bulletin a useful resource.

Alison Edwards on behalf of the Communications Committee